

**Air Quality Information**  
**Ozone and Particulate Matter**



**PARTNERSHIP FOR  
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## Who is affected by Ozone and Particulate Matter?

The same groups of people are at risk for ozone and PM. Children under 18 should have minimal exposure to these air pollutants because it may affect the growth and development of their lungs. Adults over the age of 65 should limit their exposure to these pollutants since they are more susceptible to developing respiratory ailments and cardiovascular problems. Other groups that should be careful when exposed to ozone and PM include people with asthma, COPD, cardiovascular disease, and diabetes. All at risk groups increase their chances of being hospitalized and/or going to the doctor or emergency room when exposed to ozone and PM.

Even those that do not fall into the above categories should limit their exposure to these pollutants so that they do not put their health at risk for developing future ailments.

Source: American Lung Association



Flickr/U.S. Department of Agriculture

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